VENSE

"The best dish is like a beautiful symphony; when you put your passion and love into it, you will experience the sound of joy"

"We do not just serve you a meal, we serve you a unforgettable moment"

Chef Alex & Restaurant Manager Richard welcome you to a dining experience above and beyond. We source only the highest quality of ingredients mainly from local suppliers, because we believe it is vital to support the local community.

Enjoy your Meals at Seven Seas!

Aleksandar Pavlovic

Richard Kamoga

Chef De Cuisine

Restaurant Manager









Eaas









(Shellfish)



(Shellfish)

*If you have concerns regarding food alergens please alert your server prior to ordering.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness.

Terrine of Free Range C Marinated onion salad, dried						shroo	ms	•	٠	٠	•	35,000
	1193 00	, in P	oto, ti	raino	OII			•	•	•	•	
Grilled Goat Cheese	ad nin				r dro	·		•	•	٠	•	32,000
Lettuce, cherry tomato, roast	ed biii	ie iic	ats, vi	nega	i die:	ssifid	•	•	•	•	•	•
Papilote Baked Corn Ca	ke	٠	٠	۰	٠	. 6			٠	۰	•	25,000
Beetroot and apple salad	٠	•	٠	٠	٠	٠	•	•	•	٠	•	•
Salmon Gravlax	•	•	٠	•	٠			•	•	•	٠	42,000
72 hours aged Salmon, perfect preserved lemon, beetroot ca						•	•		•	٠		
	·		·	·						•		
Tuna Tataki			٠							•		40,000
Avocado & mustard cream, m	ixed l	eave •	es, su •	indrie	ed tor	nato sa •	alsa					
Pulpo a'la Parilla	•	٠		•	٠							38,000
Grilled octopus, almond tarate	or, zuc	cchii	ni & o	nion	salad	, golde	n rais	ins o	oil			
Salads		•										
	•	•	٠	•	٠	•		•	•	•	•	•
Butternut Squash Salac						. 5		٠	•	٠	•	25,000
Ginger flavour lettuce, cashev	vnuts,	, fres	sh.co	riand	er,.lin	ne dres	sing	٠	•	•	٠	• •
Crunchy Chicken Salad	•	•	٠	•	٠	· Dir			•	•	٠	32,000
Thyme croutons, sliced carro	ts, lett	tuce	and	anch	ovy s	alsa	•	٠	•	•	٠	•
Smoked Tilapia Salad	•	٠	٠	۰	٠				•	•	•	30,000
Baby, spinach, burnt spring or	nion d	ір, с	herry	toma	ato, g	arden (cress	•	•	•	•	
Soups		•	•	•	٠	٠	•	•		•	•	
Soups			•		٠	٠						
Creamy Vegetable Sou					۰	· Join						22,000
served with rolled cheese cro	utons	٠			٠							
Chicken Consomme			٠		٠	٠	•					22,000
served with diced vegetables	and le	ean	chick	en m	eat							
Seafood Chowder	۰	•	٠	•	٠	·		_	_	٠	•	28,000
served with flambeed shrimps		٠	•	•	۰		45			•	•	•

Tomato, basil onion, chill and fried eggplant Onion Parmesan Ravioli Roasted bell pepper sauce Spaghetti Gricia Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia 52,000	Tomato, basil onion, chill and fried eggplant Onion Parmesan Ravioli Roasted bell pepper sauce Spaghetti Gricia Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia 52,000	Watercress and Asparague porcini and pecorino	ıs Risc	otto	٠	٠	· Derry	9		 45,000
Roasted bell pepper sauce Spaghetti Gricia Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia \$2,000	Roasted bell pepper sauce Spaghetti Gricia Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia Stir fried egg noodles and 'Singaporean sauce 40,000 40,000 40,000 50,000	Tagliatelle Arrabbiata Tomato, basil onion, chili and fri	ed eggp	olant	•	٠	. String	<u> </u>		 40,000
Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers, sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia 40,000 40,000 60,00	Pancetta pepper and Pecorino Gnocchi Amatriciana*** Bacon, tomato and Parmesan Main Courses Fish Tuna Medallions Mochi Cake, Mango & Papaya Salad and Soy & Honey glaze Grilled Salmon Crushed new potato with Capperberries and roasted garlic, sweet black pepper sauce Pan Fried Lemon Flavoured Nile Perch Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia Stir fried egg noodles and `Singaporean sauce	Onion Parmesan Ravioli Roasted bell pepper sauce			•		. Siring			 40,000
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Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia 52,000	Sesame rice, grilled green beans and burnt butter capers sauce Coriander Prawn Tempura Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia Stir fried egg noodles and `Singaporean sauce 52,000				٠	٠	٠		•	
Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia 52,000	Sweet potato cake and chilli sauce Lake Victoria Grilled Tilapia Stir fried egg noodles and `Singaporean sauce 52,000					cape	ers, saud	ce .		 52,000
	Stir fried egg noodles and `Singaporean sauce	-			•	•				 65,000
			•	n cau		•		•		 52,000

	icken	•	•	۰	•	•	100	<u> </u>			٠	•	50,000
Garlic-Brioche pudd		eed gr	een	peas	and p	ineap	ple g	ravy		•		٠	
Chicken Escalor	Des	•	•	٠	٠	•	000	PA		٠	٠	•	50,000
Mushroom ragout, p	årmesan	sålad	and	cherr	y tom	ato c	hutne	eý		•	•	٠	
Beef Tenderloin		٠	۰	٠	•	۰			•	۰	۰	٠	• •
• •	•	٠	•	•	•	•	•	•	•	٠	٠	•	65,000
New potato, fried zu	cchini an	d .bro	wn bi	utter	Bearr	aise :	sauce	· .	•	٠	٠	٠	•
Braised Beef Ch	eeks	٠	٠	٠	•	٠	•		•	•	٠	٠	55,000
Vegetables julienne,	mashed	potat	oes, o	charc	oal br	occol	li and	gravy	' .	۰	٠	٠	• •
Firewood Baked	Lamb S	Shan	ks	٠	•	٠			•	٠	•	٠	65,000
Fondant potato, sau	teed gree	n bea	ns a	nd red	d wine	e glaz	ze.	•	•	٠	•	٠	
Honey Glazed Po	ork Ribs	3	٠	٠	•	٠	·C		•	۰	•	٠	55,000
Sauteed sliced pota	toes, appl	e∙chu	tney,	BBQ	sauc	e.	•	•	•	۰	•	٠	
Smoked Pork No	eck	٠	٠	•	•	٠)	•	٠	•	٠	55,000
Roasted carrots, bak	red butte	r bear	ns ar	nd ap	ple ci	der ju	iice	•	•	٠	٠	٠	• •
Chef's S	neci	[a]	2	٠	•	۰	٠	•	•	0	۰	٠	
	•	٠	•	٠	•	٠			•	•	٠	٠	•
Clay Chicken (G		-	-		·	· i+b fo	· S	tod or	· shba			٠	120,000
Whale brined objekt	il Slow De	, eu i	. IIdl	urarc	•	۰	٠	•	, anna(je ied	ives,	٠	• •
Whole brined chicke							do dic	sh			۰	٠	
roasted nuts and sh	allots, Sei	ved v	viţh y	our c	hoice	QT SI	uę uis	_					
roasted nuts and sh	dor ·		•	٠	•		. 🍕						118,000
roasted nuts and sh	dor ·		•	٠	•		. 🍕		arme	san	•	•	118,000
roasted nuts and sh	dor ·		•	٠	•		. 🍕		arme:	san		•	118,000
roasted nuts and sho Lobster Thermic Flambéed whole lob	dor ·		•	٠	•		. 🍕		arme	san		•	118,000
roasted nuts and sha Lobster Thermic Flambéed whole lob Sides Each dish Oven Baked Potato	dor ster with		•	٠	•		. 🍕		arme:	san			
roasted nuts and shall be considered whole lob sides Each dish Oven Baked Potato Crispy Zucchini with Roasted Carrots wit	ster with Chips Thyme h Coriand	white	wine	٠	•		. 🍕		armes	san			
roasted nuts and shall be considered whole lob sides Each dish Oven Baked Potato Crispy Zucchini with	ster with Chips Thyme h Coriandes	white	wine	redu		, crus	. Step w	vith pa	arme:	san			

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Cl	hoco	late	Sou	ffle	bake	ed w	ith E	Blue	Che	ese	•			٠	•	•	25	,000
lce	e crea	ım an	d pine	eappl	e red	uctio	n ·	٠	٠	٠	٠		2	•	٠	•	٠	•
M	asca	arpo	ne M	ous	se	٠	٠	٠	٠	٠	•		٠	•	٠	٠	20	,000
Ri	ce ch	ocola	te bas	se wit	th pre	eserve	ed ora	ange	٠	۰	•		٠	٠	۰	٠	٠	•
"(hef	Alex	c" To	rte	•	۰	۰	٠	٠	۰		· // [•	٠	28	,000
Re	d be	ries o	coulis	•	٠	٠	٠	٠	٠	٠	٧.				•	٠	٠	•
Pá	assic	· onfru	ıit Pa	anna	Cot	tta	٠	٠	۰	٠		•	٠	٠	۰	٠	20	,000
Ca	arame	lized	suga	r drop	os .	٠	٠	٠	٠	٠			•	•	٠	٠	•	•
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